



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Sun, 11 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
001	Taitama - W12 250	Heat	1 / 6	11:00 am	
002	Taitamāhine - W6 250	Heat	1 / 6	11:10 am	
003	Taitama - W12 250	Heat	2 / 6	11:20 am	
004	Taitamāhine - W6 250	Heat	2 / 6	11:30 am	
005	Taitama - W12 250	Heat	3 / 6	11:40 am	
006	Taitamāhine - W6 250	Heat	3 / 6	11:50 am	
007	Taitama - W12 250	Heat	4 / 6	12:00 pm	
008	Taitamāhine - W6 250	Heat	4 / 6	12:10 pm	
009	Taitama - W12 250	Heat	5 / 6	12:20 pm	
010	Taitamāhine - W6 250	Heat	5 / 6	12:30 pm	
011	Taitama - W12 250	Heat	6 / 6	12:40 pm	See Race 025
012	Taitamāhine - W6 250	Heat	6 / 6	12:50 pm	See Race 024
013	Taitama - W6 250	Heat	1 / 7	1:00 pm	
014	Taitama - W6 250	Heat	2 / 7	1:10 pm	
015	Taitamāhine - W12 250	Heat	1 / 4	1:20 pm	
016	Taitama - W6 250	Heat	3 / 7	1:30 pm	
017	Taitamāhine - W12 250	Heat	2 / 4	1:40 pm	
018	Taitama - W6 250	Heat	4 / 7	1:50 pm	
019	Taitamāhine - W12 250	Heat	3 / 4	2:00 pm	
020	Taitama - W6 250	Heat	5 / 7	2:10 pm	
021	Taitamāhine - W12 250	Heat	4 / 4	2:20 pm	See Race 075
022	Taitama - W6 250	Heat	6 / 7	2:30 pm	
023	Taitama - W6 250	Heat	7 / 7	2:40 pm	See Race 036
024	Taitamāhine - W6 250	Te Kei Semi	1 / 2	2:50 pm	
025	Taitama - W12 250	Plate Semi	1 / 2	3:00 pm	
026	Taitamāhine - W6 250	Te Kei Semi	2 / 2	3:10 pm	See Race 028
027	Taitama - W12 250	Plate Semi	2 / 2	3:20 pm	See Race 029
028	Taitamāhine - W6 250	Te Takere Semi	1 / 2	3:30 pm	
029	Taitama - W12 250	Cup Semi	1 / 2	3:40 pm	
030	Taitamāhine - W6 250	Te Takere Semi	2 / 2	3:50 pm	See Race 032
031	Taitama - W12 250	Cup Semi	2 / 2	4:00 pm	See Race 033
032	Taitamāhine - W6 250	Te Ihu Semi	1 / 2	4:10 pm	
033	Taitama - W12 250	Champ Semi	1 / 2	4:20 pm	
034	Taitamāhine - W6 250	Te Ihu Semi	2 / 2	4:30 pm	See Race 092
035	Taitama - W12 250	Champ Semi	2 / 2	4:40 pm	See Race 086
036	Taitama - W6 250	Te Kei Semi	1 / 3	4:50 pm	
037	Taitama - W6 250	Te Kei Semi	2 / 3	5:00 pm	
038	Taitama - W6 250	Te Kei Semi	3 / 3	5:10 pm	See Race 055



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Mon, 12 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
039	Int Men - W12 500	Heat	1 / 4	7:30 am	
040	J16 Women - W6 500	Heat	1 / 6	7:37 am	
041	J16 Women - W6 500	Heat	2 / 6	7:43 am	
042	Int Men - W12 500	Heat	2 / 4	7:49 am	
043	J16 Women - W6 500	Heat	3 / 6	7:56 am	
044	J16 Women - W6 500	Heat	4 / 6	8:02 am	
045	Int Men - W12 500	Heat	3 / 4	8:08 am	
046	J16 Women - W6 500	Heat	5 / 6	8:15 am	
047	J16 Women - W6 500	Heat	6 / 6	8:21 am	See Race 088
048	Int Men - W12 500	Heat	4 / 4	8:27 am	See Race 120
049	J16 Men - W6 500	Heat	1 / 4	8:34 am	
050	J16 Men - W6 500	Heat	2 / 4	8:40 am	
051	Int Women - W12 500	Heat	1 / 4	8:46 am	
052	J16 Men - W6 500	Heat	3 / 4	8:53 am	
053	J16 Men - W6 500	Heat	4 / 4	8:59 am	See Race 091
054	Int Women - W12 500	Heat	2 / 4	9:05 am	
055	Taitama - W6 250	Te Takere Semi	1 / 2	9:12 am	
056	Taitama - W6 250	Te Takere Semi	2 / 2	9:22 am	See Race 058
057	Int Women - W12 500	Heat	3 / 4	9:32 am	
058	Taitama - W6 250	Te Ihu Semi	1 / 2	9:39 am	
059	Taitama - W6 250	Te Ihu Semi	2 / 2	9:49 am	See Race 100
060	Int Women - W12 500	Heat	4 / 4	9:59 am	See Race 114
061	Int Men - W6 500	Heat	1 / 9	10:06 am	
062	Int Men - W6 500	Heat	2 / 9	10:13 am	
063	J16 Women - W12 500	Heat	1 / 4	10:20 am	
064	Int Men - W6 500	Heat	3 / 9	10:26 am	
065	Int Men - W6 500	Heat	4 / 9	10:33 am	
066	J16 Women - W12 500	Heat	2 / 4	10:40 am	
067	Int Men - W6 500	Heat	5 / 9	10:46 am	
068	Int Men - W6 500	Heat	6 / 9	10:53 am	
069	J16 Women - W12 500	Heat	3 / 4	11:00 am	
070	Int Men - W6 500	Heat	7 / 9	11:06 am	
071	Int Men - W6 500	Heat	8 / 9	11:13 am	
072	J16 Women - W12 500	Heat	4 / 4	11:20 am	See Race 096
073	Int Men - W6 500	Heat	9 / 9	11:26 am	See Race 097
074	Int Women - W6 500	Heat	1 / 9	11:33 am	
075	Taitamāhine - W12 250	Cup Semi	1 / 2	11:40 am	
076	Int Women - W6 500	Heat	2 / 9	11:50 am	
077	Int Women - W6 500	Heat	3 / 9	11:57 am	
078	Taitamāhine - W12 250	Cup Semi	2 / 2	12:04 pm	See Race 081
079	Int Women - W6 500	Heat	4 / 9	12:14 pm	
080	Int Women - W6 500	Heat	5 / 9	12:21 pm	
081	Taitamāhine - W12 250	Champ Semi	1 / 2	12:28 pm	
082	Int Women - W6 500	Heat	6 / 9	12:38 pm	



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Mon, 12 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
083	Int Women - W6 500	Heat	7 / 9	12:45 pm	
084	Taitamāhine - W12 250	Champ Semi	2 / 2	12:52 pm	See Race 101
085	Int Women - W6 500	Heat	8 / 9	1:02 pm	
086	Taitama - W12 250	Plate Final		1:09 pm	See Race 089
087	Int Women - W6 500	Heat	9 / 9	1:19 pm	See Race 105
088	J16 Women - W6 500	Semi	1 / 2	1:26 pm	
089	Taitama - W12 250	Cup Final		1:32 pm	See Race 107
090	J16 Women - W6 500	Semi	2 / 2	1:42 pm	See Race 109
091	J16 Men - W6 500	Semi	1 / 2	1:48 pm	
092	Taitamāhine - W6 250	Te Kei Final		1:54 pm	See Race 093
093	Taitamāhine - W6 250	Te Takere Final		2:04 pm	See Race 094
094	Taitamāhine - W6 250	Te Ihu Final		2:14 pm	
095	J16 Men - W6 500	Semi	2 / 2	2:24 pm	See Race 108
096	J16 Women - W12 500	Semi	1 / 2	2:30 pm	
097	Int Men - W6 500	Semi	1 / 2	2:36 pm	
098	Int Men - W6 500	Semi	2 / 2	2:43 pm	See Race 110
099	J16 Women - W12 500	Semi	2 / 2	2:50 pm	See Race 132
100	Taitama - W6 250	Te Kei Final		2:56 pm	See Race 102
101	Taitamāhine - W12 250	Cup Final		3:06 pm	See Race 104
102	Taitama - W6 250	Te Takere Final		3:16 pm	See Race 103
103	Taitama - W6 250	Te Ihu Final		3:26 pm	
104	Taitamāhine - W12 250	Champ Final		3:36 pm	
105	Int Women - W6 500	Semi	1 / 2	3:46 pm	
106	Int Women - W6 500	Semi	2 / 2	3:53 pm	See Race 111
107	Taitama - W12 250	Champ Final		4:00 pm	
	Prizegiving				



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Tue, 13 Jan 2026



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
108	J16 Men - W6 500	Final	7:30 am	
109	J16 Women - W6 500	Final	7:36 am	
110	Int Men - W6 500	Final	7:42 am	
111	Int Women - W6 500	Final	7:49 am	
112	J16 Women - W6 1000	Heat	1 / 9	7:56 am
113	J16 Women - W6 1000	Heat	2 / 9	8:05 am
114	Int Women - W12 500	Semi	1 / 2	8:14 am
115	J16 Women - W6 1000	Heat	3 / 9	8:21 am
116	J16 Women - W6 1000	Heat	4 / 9	8:30 am
117	Int Women - W12 500	Semi	2 / 2	8:39 am See Race 128
118	J16 Women - W6 1000	Heat	5 / 9	8:46 am
119	J16 Women - W6 1000	Heat	6 / 9	8:55 am
120	Int Men - W12 500	Semi	1 / 2	9:04 am
121	J16 Women - W6 1000	Heat	7 / 9	9:11 am
122	J16 Women - W6 1000	Heat	8 / 9	9:20 am
123	Int Men - W12 500	Semi	2 / 2	9:29 am See Race 136
124	J16 Women - W6 1000	Heat	9 / 9	9:36 am See Race 155
125	J16 Men - W6 1000	Heat	1 / 6	9:45 am
126	J16 Men - W6 1000	Heat	2 / 6	9:54 am
127	J16 Men - W6 1000	Heat	3 / 6	10:03 am
128	Int Women - W12 500	Final		10:12 am
129	J16 Men - W6 1000	Heat	4 / 6	10:19 am
130	J16 Men - W6 1000	Heat	5 / 6	10:28 am
131	J16 Men - W6 1000	Heat	6 / 6	10:37 am See Race 157
132	J16 Women - W12 500	Final		10:46 am
133	Int Women - W6 500 (Turn)	Heat	1 / 9	10:52 am
134	Int Women - W6 500 (Turn)	Heat	2 / 9	11:00 am
135	Int Women - W6 500 (Turn)	Heat	3 / 9	11:08 am
136	Int Men - W12 500	Final		11:16 am
137	Int Women - W6 500 (Turn)	Heat	4 / 9	11:23 am
138	Int Women - W6 500 (Turn)	Heat	5 / 9	11:31 am
139	J16 Men - W12 500	Heat	1 / 2	11:39 am
140	Int Women - W6 500 (Turn)	Heat	6 / 9	11:45 am
141	Int Women - W6 500 (Turn)	Heat	7 / 9	11:53 am
142	J16 Men - W12 500	Heat	2 / 2	12:01 pm See Race 151
143	Int Women - W6 500 (Turn)	Heat	8 / 9	12:07 pm
144	Int Women - W6 500 (Turn)	Heat	9 / 9	12:15 pm See Race 159
145	Int Men - W6 500 (Turn)	Heat	1 / 9	12:23 pm
146	Int Men - W6 500 (Turn)	Heat	2 / 9	12:31 pm
147	Int Men - W6 500 (Turn)	Heat	3 / 9	12:39 pm
148	Int Men - W6 500 (Turn)	Heat	4 / 9	12:47 pm
149	Int Men - W6 500 (Turn)	Heat	5 / 9	12:55 pm
150	Int Men - W6 500 (Turn)	Heat	6 / 9	1:03 pm
151	J16 Men - W12 500	Final		1:11 pm



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Tue, 13 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
152	Int Men - W6 500 (Turn)	Heat	7 / 9	1:17 pm	
153	Int Men - W6 500 (Turn)	Heat	8 / 9	1:25 pm	
154	Int Men - W6 500 (Turn)	Heat	9 / 9	1:33 pm	See Race 161
155	J16 Women - W6 1000	Semi	1 / 2	1:41 pm	
156	J16 Women - W6 1000	Semi	2 / 2	1:50 pm	See Race 163
157	J16 Men - W6 1000	Semi	1 / 2	1:59 pm	
158	J16 Men - W6 1000	Semi	2 / 2	2:08 pm	See Race 164
159	Int Women - W6 500 (Turn)	Semi	1 / 2	2:17 pm	
160	Int Women - W6 500 (Turn)	Semi	2 / 2	2:25 pm	See Race 165
161	Int Men - W6 500 (Turn)	Semi	1 / 2	2:33 pm	
162	Int Men - W6 500 (Turn)	Semi	2 / 2	2:41 pm	See Race 166
163	J16 Women - W6 1000	Final		2:49 pm	
164	J16 Men - W6 1000	Final		2:58 pm	
165	Int Women - W6 500 (Turn)	Final		3:07 pm	
166	Int Men - W6 500 (Turn)	Final		3:15 pm	
	Prizegiving				



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Wed, 14 Jan 2026



RACE	EVENT	ROUND	EST. START	PROGRESSIONS	
167	Int Men - W1 500	Heat	1 / 3	7:00 am	
168	Int Men - W1 500	Heat	2 / 3	7:05 am	
169	Int Men - W1 500	Heat	3 / 3	7:10 am	See Race 222
170	Int Women - W1 500	Heat	1 / 3	7:15 am	
171	Int Women - W1 500	Heat	2 / 3	7:22 am	
172	Int Women - W1 500	Heat	3 / 3	7:29 am	See Race 220
173	J16 Men - W1 500	Heat	1 / 3	7:36 am	
174	J16 Men - W1 500	Heat	2 / 3	7:42 am	
175	J16 Men - W1 500	Heat	3 / 3	7:48 am	See Race 226
176	J16 Women - W1 500	Heat	1 / 3	7:54 am	
177	J16 Women - W1 500	Heat	2 / 3	8:00 am	
178	J16 Women - W1 500	Heat	3 / 3	8:06 am	See Race 228
179	J19 Men - W1 500	Heat	1 / 3	8:12 am	
180	J19 Men - W1 500	Heat	2 / 3	8:17 am	
181	J19 Men - W1 500	Heat	3 / 3	8:22 am	See Race 230
182	J19 Women - W1 500	Heat	1 / 3	8:27 am	
183	J19 Women - W1 500	Heat	2 / 3	8:32 am	
184	J19 Women - W1 500	Heat	3 / 3	8:37 am	See Race 232
185	U23 Men - W1 500	Heat	1 / 2	8:42 am	
186	U23 Men - W1 500	Heat	2 / 2	8:47 am	See Race 263
187	U23 Women - W1 500	Heat	1 / 2	8:52 am	
188	U23 Women - W1 500	Heat	2 / 2	8:57 am	See Race 264
189	Gld Master Men - W1 500	Heat	1 / 3	9:02 am	
190	Gld Master Men - W1 500	Heat	2 / 3	9:09 am	
191	Gld Master Men - W1 500	Heat	3 / 3	9:16 am	See Race 234
192	Gld Master Women - W1 500	Heat	1 / 3	9:23 am	
193	Gld Master Women - W1 500	Heat	2 / 3	9:30 am	
194	Gld Master Women - W1 500	Heat	3 / 3	9:37 am	See Race 236
195	Snr Master Men - W1 500	Heat	1 / 3	9:44 am	
196	Snr Master Men - W1 500	Heat	2 / 3	9:49 am	
197	Snr Master Men - W1 500	Heat	3 / 3	9:54 am	See Race 238
198	Snr Master Women - W1 500	Heat	1 / 3	9:59 am	
199	Snr Master Women - W1 500	Heat	2 / 3	10:04 am	
200	Snr Master Women - W1 500	Heat	3 / 3	10:09 am	See Race 240
201	Master Men - W1 500	Heat	1 / 3	10:14 am	
202	Master Men - W1 500	Heat	2 / 3	10:20 am	
203	Master Men - W1 500	Heat	3 / 3	10:26 am	See Race 242
204	Master Women - W1 500	Heat	1 / 3	10:32 am	
205	Master Women - W1 500	Heat	2 / 3	10:38 am	
206	Master Women - W1 500	Heat	3 / 3	10:44 am	See Race 244
207	Premier Men - W1 500	Heat	1 / 3	10:50 am	
208	Premier Men - W1 500	Heat	2 / 3	10:55 am	
209	Premier Men - W1 500	Heat	3 / 3	11:00 am	See Race 246
210	Premier Women - W1 500	Heat	1 / 3	11:05 am	



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Wed, 14 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
211	Premier Women - W1 500	Heat	2 / 3	11:10 am	
212	Premier Women - W1 500	Heat	3 / 3	11:15 am	See Race 248
213	Master 70 Men - W1 500	Heat	1 / 2	11:20 am	
214	Master 70 Men - W1 500	Heat	2 / 2	11:27 am	See Race 250
215	Master 70 Women - W1 500	Heat	1 / 2	11:34 am	
216	Master 70 Women - W1 500	Heat	2 / 2	11:41 am	See Race 251
217	Master 75 Men - W1 500	Heat	1 / 1	11:48 am	See Race 252
218	Master 75 Women - W1 500	Heat	1 / 1	11:55 am	See Race 253
219	Master 80 Men - W1 250	Heat	1 / 1	12:02 pm	See Race 254
220	Int Women - W1 500	Semi	1 / 2	12:09 pm	
221	Int Women - W1 500	Semi	2 / 2	12:16 pm	See Race 258
222	Int Men - W1 500	Semi	1 / 2	12:23 pm	
223	Int Men - W1 500	Semi	2 / 2	12:28 pm	See Race 257
	200m startline				
224	Adaptive Men (VL1) & (VL3) W1 200	St. Final		12:33 pm	
225	Adaptive Women (VL2) - W1 200	St. Final		12:38 pm	
	500m startline				
226	J16 Men - W1 500	Semi	1 / 2	12:44 pm	
227	J16 Men - W1 500	Semi	2 / 2	12:50 pm	See Race 259
228	J16 Women - W1 500	Semi	1 / 2	12:56 pm	
229	J16 Women - W1 500	Semi	2 / 2	1:02 pm	See Race 260
230	J19 Men - W1 500	Semi	1 / 2	1:08 pm	
231	J19 Men - W1 500	Semi	2 / 2	1:13 pm	See Race 261
232	J19 Women - W1 500	Semi	1 / 2	1:18 pm	
233	J19 Women - W1 500	Semi	2 / 2	1:23 pm	See Race 262
234	Gld Master Men - W1 500	Semi	1 / 2	1:28 pm	
235	Gld Master Men - W1 500	Semi	2 / 2	1:35 pm	See Race 265
236	Gld Master Women - W1 500	Semi	1 / 2	1:42 pm	
237	Gld Master Women - W1 500	Semi	2 / 2	1:49 pm	See Race 266
238	Snr Master Men - W1 500	Semi	1 / 2	1:56 pm	
239	Snr Master Men - W1 500	Semi	2 / 2	2:01 pm	See Race 267
240	Snr Master Women - W1 500	Semi	1 / 2	2:06 pm	
241	Snr Master Women - W1 500	Semi	2 / 2	2:11 pm	See Race 268
242	Master Men - W1 500	Semi	1 / 2	2:16 pm	
243	Master Men - W1 500	Semi	2 / 2	2:22 pm	See Race 269
244	Master Women - W1 500	Semi	1 / 2	2:28 pm	
245	Master Women - W1 500	Semi	2 / 2	2:34 pm	See Race 270
246	Premier Men - W1 500	Semi	1 / 2	2:40 pm	
247	Premier Men - W1 500	Semi	2 / 2	2:45 pm	See Race 271
248	Premier Women - W1 500	Semi	1 / 2	2:50 pm	
249	Premier Women - W1 500	Semi	2 / 2	2:55 pm	See Race 272
250	Master 70 Men - W1 500	Final		3:00 pm	
251	Master 70 Women - W1 500	Final		3:07 pm	
252	Master 75 Men - W1 500	Final		3:14 pm	



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Wed, 14 Jan 2026



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
253	Master 75 Women - W1 500	Final	3:21 pm	
254	Master 80 Men - W1 250	Final	3:28 pm	
255	Adaptive Men (VL1) & (VL3) - W1 500	St. Final	3:35 pm	
256	Adaptive Women (VL2) - W1 500	St. Final	3:40 pm	
257	Int Men - W1 500	Final	3:46 pm	
258	Int Women - W1 500	Final	3:51 pm	
259	J16 Men - W1 500	Final	3:58 pm	
260	J16 Women - W1 500	Final	4:04 pm	
261	J19 Men - W1 500	Final	4:10 pm	
262	J19 Women - W1 500	Final	4:15 pm	
263	U23 Men - W1 500	Final	4:20 pm	
264	U23 Women - W1 500	Final	4:25 pm	
265	Gld Master Men - W1 500	Final	4:30 pm	
266	Gld Master Women - W1 500	Final	4:37 pm	
267	Snr Master Men - W1 500	Final	4:44 pm	
268	Snr Master Women - W1 500	Final	4:49 pm	
269	Master Men - W1 500	Final	4:54 pm	
270	Master Women - W1 500	Final	5:00 pm	
271	Premier Men - W1 500	Final	5:06 pm	
272	Premier Women - W1 500	Final	5:11 pm	
	Prizegiving			



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Thu, 15 Jan 2026



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
273	Snr Master Men - W6 500	Heat	1 / 3	7:30 am
274	Premier Women - W12 500	Heat	1 / 4	7:36 am
275	Snr Master Men - W6 500	Heat	2 / 3	7:42 am
276	Snr Master Men - W6 500	Heat	3 / 3	7:48 am See Race 385
277	Premier Women - W12 500	Heat	2 / 4	7:54 am
278	Snr Master Women - W6 500	Heat	1 / 3	8:00 am
279	Snr Master Women - W6 500	Heat	2 / 3	8:06 am
280	Premier Women - W12 500	Heat	3 / 4	8:12 am
281	Snr Master Women - W6 500	Heat	3 / 3	8:18 am See Race 427
282	Gld Master Men - W6 500	Heat	1 / 2	8:24 am
283	Premier Women - W12 500	Heat	4 / 4	8:30 am See Race 356
284	Gld Master Men - W6 500	Heat	2 / 2	8:36 am See Race 465
285	Gld Master Women - W6 500	Heat	1 / 2	8:42 am
286	Master Women - W12 500	Heat	1 / 2	8:48 am
287	Gld Master Women - W6 500	Heat	2 / 2	8:54 am See Race 466
288	Premier Men - W6 500	Heat	1 / 4	9:00 am
289	Master Women - W12 500	Heat	2 / 2	9:06 am See Race 331
290	Premier Men - W6 500	Heat	2 / 4	9:12 am
291	Premier Men - W6 500	Heat	3 / 4	9:18 am
292	Snr Master Men - W12 500	Heat	1 / 2	9:24 am
293	Premier Men - W6 500	Heat	4 / 4	9:30 am See Race 416
294	Master (70) Women - W6 500	Heat	1 / 1	9:36 am See Race 464
295	Snr Master Men - W12 500	Heat	2 / 2	9:42 am See Race 402
296	Master (70) Men - W6 500	Heat	1 / 1	9:48 am See Race 463
297	Premier Women - W6 500	Heat	1 / 5	9:54 am
298	Snr Master Women - W12 500	Heat	1 / 1	10:00 am See Race 405
299	Premier Women - W6 500	Heat	2 / 5	10:06 am
300	Premier Women - W6 500	Heat	3 / 5	10:12 am
301	Gld Master Men - W12 500	Heat	1 / 1	10:18 am See Race 425
302	Premier Women - W6 500	Heat	4 / 5	10:24 am
303	Premier Women - W6 500	Heat	5 / 5	10:30 am See Race 419
304	Gld Master Women - W12 500	Heat	1 / 1	10:36 am See Race 382
305	J19 Women - W6 500	Heat	1 / 3	10:42 am
306	J19 Women - W6 500	Heat	2 / 3	10:48 am
307	Master Men - W12 500	Heat	1 / 1	10:54 am See Race 362
308	J19 Women - W6 500	Heat	3 / 3	11:00 am See Race 383
309	J19 Men - W6 500	Heat	1 / 3	11:06 am
310	Master (70) Men - W12 500	Heat	1 / 1	11:12 am See Race 387
311	J19 Men - W6 500	Heat	2 / 3	11:18 am
312	J19 Men - W6 500	Heat	3 / 3	11:24 am See Race 422
313	Master (70) Women - W12 500	Heat	1 / 1	11:30 am See Race 390
314	Master Women - W6 500	Heat	1 / 4	11:36 am
315	Master Women - W6 500	Heat	2 / 4	11:42 am
316	Master (75) Women - W12 500	Heat	1 / 1	11:48 am See Race 376



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Thu, 15 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
317	Master Women - W6 500	Heat	3 / 4	11:54 am	
318	Master Women - W6 500	Heat	4 / 4	12:00 pm	See Race 424
319	J19 Men - W12 500	Heat	1 / 2	12:06 pm	
320	Master Men - W6 500	Heat	1 / 3	12:12 pm	
321	Master Men - W6 500	Heat	2 / 3	12:18 pm	
322	J19 Men - W12 500	Heat	2 / 2	12:24 pm	See Race 412
323	Master Men - W6 500	Heat	3 / 3	12:30 pm	See Race 413
324	Gld Master Men - W6 1000	Heat	1 / 3	12:36 pm	
325	J19 Women - W12 500	Heat	1 / 2	12:45 pm	
326	Gld Master Men - W6 1000	Heat	2 / 3	12:51 pm	
327	Gld Master Men - W6 1000	Heat	3 / 3	1:00 pm	See Race 407
328	J19 Women - W12 500	Heat	2 / 2	1:09 pm	See Race 373
329	Snr Master Women - W6 1000	Heat	1 / 4	1:15 pm	
330	Snr Master Women - W6 1000	Heat	2 / 4	1:24 pm	
331	Master Women - W12 500	Final		1:33 pm	
332	Snr Master Women - W6 1000	Heat	3 / 4	1:39 pm	
333	Snr Master Women - W6 1000	Heat	4 / 4	1:48 pm	See Race 432
334	Master (75) Men - W6 500 (Turn)	Heat	1 / 1	1:57 pm	See Race 448
335	Master (75) Women - W6 500 (Turn)	Heat	1 / 1	2:06 pm	See Race 449
336	Premier Men - W12 500	Heat	1 / 4	2:15 pm	
337	Master (70) Women - W6 500 (Turn)	Heat	1 / 1	2:21 pm	See Race 447
338	Master (70) Men - W6 500 (Turn)	Heat	1 / 2	2:30 pm	
339	Premier Men - W12 500	Heat	2 / 4	2:39 pm	
340	Master (70) Men - W6 500 (Turn)	Heat	2 / 2	2:45 pm	See Race 446
341	Snr Master Men - W6 1000	Heat	1 / 4	2:54 pm	
342	Premier Men - W12 500	Heat	3 / 4	3:03 pm	
343	Snr Master Men - W6 1000	Heat	2 / 4	3:09 pm	
344	Snr Master Men - W6 1000	Heat	3 / 4	3:18 pm	
345	Premier Men - W12 500	Heat	4 / 4	3:27 pm	See Race 367
346	Snr Master Men - W6 1000	Heat	4 / 4	3:33 pm	See Race 430
	250m startline				
347	J19 Men Dash - W1 250	St. Final		3:42 pm	
348	J19 Women Dash - W1 250	St. Final		3:52 pm	
349	Premier Women Dash - W1 250	St. Final		4:02 pm	
350	Premier Men Dash - W1 250	St. Final		4:12 pm	
351	Gld Master Women - W6 1000	Heat	1 / 2	4:22 pm	
352	Premier Women Regional - W12 500	St. Final		4:31 pm	
353	Gld Master Women - W6 1000	Heat	2 / 2	4:41 pm	See Race 453
354	Premier Men Regional - W12 500	St. Final		4:50 pm	
	Prizegiving				



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Fri, 16 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
355	J19 Men - W6 1000	Heat	1 / 5	7:36 am	
356	Premier Women - W12 500	Semi	1 / 2	7:45 am	
357	J19 Men - W6 1000	Heat	2 / 5	7:51 am	
358	J19 Men - W6 1000	Heat	3 / 5	8:00 am	
359	Premier Women - W12 500	Semi	2 / 2	8:09 am	See Race 379
360	J19 Men - W6 1000	Heat	4 / 5	8:15 am	
361	J19 Men - W6 1000	Heat	5 / 5	8:24 am	See Race 436
362	Master Men - W12 500	Final		8:33 am	
363	J19 Women - W6 1000	Heat	1 / 4	8:39 am	
364	J19 Women - W6 1000	Heat	2 / 4	8:48 am	
365	J19 Women - W6 1000	Heat	3 / 4	8:57 am	
366	J19 Women - W6 1000	Heat	4 / 4	9:06 am	See Race 434
367	Premier Men - W12 500	Semi	1 / 2	9:15 am	
368	Master Women - W6 1000	Heat	1 / 5	9:21 am	
369	Master Women - W6 1000	Heat	2 / 5	9:30 am	
370	Premier Men - W12 500	Semi	2 / 2	9:39 am	See Race 429
371	Master Women - W6 1000	Heat	3 / 5	9:45 am	
372	Master Women - W6 1000	Heat	4 / 5	9:54 am	
373	J19 Women - W12 500	Final		10:03 am	
374	Master Women - W6 1000	Heat	5 / 5	10:09 am	See Race 440
375	Master Men - W6 1000	Heat	1 / 4	10:18 am	
376	Master (75) Women - W12 500	Final		10:27 am	
377	Master Men - W6 1000	Heat	2 / 4	10:33 am	
378	Master Men - W6 1000	Heat	3 / 4	10:42 am	
379	Premier Women - W12 500	Final		10:51 am	
380	Master Men - W6 1000	Heat	4 / 4	10:57 am	See Race 438
381	Adaptive Mixed - W6 500 (Turn)	Final		11:06 am	
382	Gld Master Women - W12 500	Final		11:12 am	
383	J19 Women - W6 500	Semi	1 / 2	11:18 am	
384	J19 Women - W6 500	Semi	2 / 2	11:24 am	See Race 470
385	Snr Master Men - W6 500	Semi	1 / 2	11:30 am	
386	Snr Master Men - W6 500	Semi	2 / 2	11:36 am	See Race 467
387	Master (70) Men - W12 500	Final		11:42 am	
388	Premier Men - W6 1500	Heat	1 / 6	11:48 am	
389	Premier Men - W6 1500	Heat	2 / 6	12:00 pm	
390	Master (70) Women - W12 500	Final		12:12 pm	
391	Premier Men - W6 1500	Heat	3 / 6	12:18 pm	
392	Premier Men - W6 1500	Heat	4 / 6	12:30 pm	
393	Corporate Challenge 2026 - W12 250m	Heat	1 / 3	12:42 pm	
394	Premier Men - W6 1500	Heat	5 / 6	12:48 pm	
395	Premier Men - W6 1500	Heat	6 / 6	1:00 pm	See Race 442
396	Corporate Challenge 2026 - W12 250m	Heat	2 / 3	1:12 pm	
397	Premier Women - W6 1500	Heat	1 / 7	1:18 pm	
398	Premier Women - W6 1500	Heat	2 / 7	1:30 pm	



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Fri, 16 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
399	Corporate Challenge 2026 - W12 250m	Heat	3 / 3	1:42 pm	See Race 415
400	Premier Women - W6 1500	Heat	3 / 7	1:48 pm	
401	Premier Women - W6 1500	Heat	4 / 7	2:00 pm	
402	Snr Master Men - W12 500	Final		2:12 pm	
403	Premier Women - W6 1500	Heat	5 / 7	2:18 pm	
404	Premier Women - W6 1500	Heat	6 / 7	2:30 pm	
405	Snr Master Women - W12 500	Final		2:42 pm	
406	Premier Women - W6 1500	Heat	7 / 7	2:48 pm	See Race 444
407	Gld Master Men - W6 1000	Semi	1 / 2	3:00 pm	
408	Gld Master Men - W6 1000	Semi	2 / 2	3:09 pm	See Race 452
409	Master (75) Men - W6 500	Heat	1 / 1	3:18 pm	See Race 461
410	Master (75) Women - W6 500	Heat	1 / 1	3:24 pm	See Race 462
411	Adaptive Mixed - W6 500	Final		3:30 pm	
412	J19 Men - W12 500	Final		3:40 pm	
413	Master Men - W6 500	Semi	1 / 2	3:46 pm	
414	Master Men - W6 500	Semi	2 / 2	3:52 pm	See Race 471
415	Corporate Challenge 2026 - W12 250m	Plate Final		3:58 pm	See Race 418
416	Premier Men - W6 500	Semi	1 / 2	4:04 pm	
417	Premier Men - W6 500	Semi	2 / 2	4:10 pm	See Race 474
418	Corporate Challenge 2026 - W12 250m	Cup Final		4:16 pm	See Race 421
419	Premier Women - W6 500	Semi	1 / 2	4:22 pm	
420	Premier Women - W6 500	Semi	2 / 2	4:28 pm	See Race 475
421	Corporate Challenge 2026 - W12 250m	Champ Final		4:34 pm	
422	J19 Men - W6 500	Semi	1 / 2	4:40 pm	
423	J19 Men - W6 500	Semi	2 / 2	4:46 pm	See Race 469
424	Master Women - W6 500	Semi	1 / 2	4:52 pm	
425	Gld Master Men - W12 500	Final		4:58 pm	
426	Master Women - W6 500	Semi	2 / 2	5:04 pm	See Race 472
427	Snr Master Women - W6 500	Semi	1 / 2	5:10 pm	
428	Snr Master Women - W6 500	Semi	2 / 2	5:16 pm	See Race 468
429	Premier Men - W12 500	Final		5:22 pm	
	Prizegiving incl Corporate Teams				



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Sat, 17 Jan 2026



RACE	EVENT	ROUND		EST. START	PROGRESSIONS
430	Snr Master Men - W6 1000	Semi	1 / 2	8:00 am	
431	Snr Master Men - W6 1000	Semi	2 / 2	8:09 am	See Race 450
432	Snr Master Women - W6 1000	Semi	1 / 2	8:18 am	
433	Snr Master Women - W6 1000	Semi	2 / 2	8:27 am	See Race 451
434	J19 Women - W6 1000	Semi	1 / 2	8:36 am	
435	J19 Women - W6 1000	Semi	2 / 2	8:45 am	See Race 457
436	J19 Men - W6 1000	Semi	1 / 2	8:54 am	
437	J19 Men - W6 1000	Semi	2 / 2	9:03 am	See Race 456
438	Master Men - W6 1000	Semi	1 / 2	9:12 am	
439	Master Men - W6 1000	Semi	2 / 2	9:21 am	See Race 454
440	Master Women - W6 1000	Semi	1 / 2	9:30 am	
441	Master Women - W6 1000	Semi	2 / 2	9:39 am	See Race 455
442	Premier Men - W6 1500	Semi	1 / 2	9:48 am	
443	Premier Men - W6 1500	Semi	2 / 2	10:00 am	See Race 459
444	Premier Women - W6 1500	Semi	1 / 2	10:12 am	
445	Premier Women - W6 1500	Semi	2 / 2	10:24 am	See Race 460
Turn finals					
446	Master (70) Men - W6 500 (Turn)	Final		10:36 am	
447	Master (70) Women - W6 500 (Turn)	Final		10:45 am	
448	Master (75) Men - W6 500 (Turn)	Final		10:54 am	
449	Master (75) Women - W6 500 (Turn)	Final		11:03 am	
450	Snr Master Men - W6 1000	Final		11:12 am	
451	Snr Master Women - W6 1000	Final		11:21 am	
452	Gld Master Men - W6 1000	Final		11:30 am	
453	Gld Master Women - W6 1000	Final		11:39 am	
454	Master Men - W6 1000	Final		11:48 am	
455	Master Women - W6 1000	Final		11:57 am	
456	J19 Men - W6 1000	Final		12:06 pm	
457	J19 Women - W6 1000	Final		12:15 pm	
458	Adaptive Elite Mixed - 1000m (Turn)	St. Final		12:24 pm	
459	Premier Men - W6 1500	Final		12:33 pm	
460	Premier Women - W6 1500	Final		12:45 pm	
500m finals					
461	Master (75) Men - W6 500	Final		12:57 pm	
462	Master (75) Women - W6 500	Final		1:03 pm	
463	Master (70) Men - W6 500	Final		1:09 pm	
464	Master (70) Women - W6 500	Final		1:15 pm	
465	Gld Master Men - W6 500	Final		1:21 pm	
466	Gld Master Women - W6 500	Final		1:27 pm	
467	Snr Master Men - W6 500	Final		1:33 pm	
468	Snr Master Women - W6 500	Final		1:39 pm	
469	J19 Men - W6 500	Final		1:45 pm	
470	J19 Women - W6 500	Final		1:51 pm	
471	Master Men - W6 500	Final		1:57 pm	



2026 Sprint Nationals

SCHEDULE - ALL DAYS

Sat, 17 Jan 2026



RACE	EVENT	ROUND	EST. START	PROGRESSIONS
472	Master Women - W6 500	Final	2:03 pm	
473	Adaptive Elite Mixed - 500m	Final	2:09 pm	
474	Premier Men - W6 500	Final	2:17 pm	
475	Premier Women - W6 500	Final	2:23 pm	
	Final Prizegiving			