

INFORMATION SHEET

COLLEGE SPORT WELLINGTON HOE TONGA SECONDARY SCHOOL REGIONAL SPRINTS ONEPOTO – PORIRUA SATURDAY 8 MARCH 2025

Nau mai, haere mai ki Onepoto, Porirua to those competing in this year’s event!
Please read and share below information that will help you prepare for our event on Saturday. The weather is looking good (at least that is on Wednesday 5 March) in Onepoto and with lanes all set to go Hoe Tonga takes the opportunity to thank the many kaitūao (volunteers) that make these events happen. Time also to acknowledge you our kura, kaiako, tauira and whānau that spend time to coach, support and ensure everyone has a good time on and off the water.

The College Sport Wellington Hoe Tonga Secondary School Regional Sprints is the premier waka ama event for secondary school teams in the wider Wellington region. It is used to determine our secondary school regional champions and usually prepares teams for their build up to the National Secondary School Sprint Championship in Rotorua.

Race Draw and Results

Just a reminder that all race times, heats and results will be available on **Live Results** so managers please charge up your phones – link <https://liveresults.co.nz/competition/490>
Safety Waivers must be completed for all teams and handed in at our registration desk on arrival. Please check in and advise asap if any teams will not be attending or racing as this will affect the flow of our day. **Download Safety waivers here:** [Hoe Tonga Waivers for Regional Secondary School Sprints 2025](#) Also available on www.wakaama.co.nz under our event and on www.hoetonga.co.nz

DRAFT Timetable:

Volunteers arrive	7am
Teams arrive to set up	7:30am
Hoe Tonga Set up complete	7:45am
Team Registration opens – Check in/Safety Waivers	8am
Race Day Briefing	8:10am
W1 paddlers – waka will be weighed randomly – no weigh in area 2025 NOTE: W1 paddlers will be asked to wear a high vis vest while paddling in your allocated lane - Please do not remove while paddling (available when checking in at loading bay)	
W1 Racing starts	8:30am
W1 Finals begin	9:06am
W1 Finals completed	9:30am
W1 off water/Pack away	
Move to W6 racing on water	

NOTE: W6 Steerers will be asked to wear high vis vests to identify the lane you are paddling in – please do not remove while paddling (available when checking in at loading bay)	
W6 500m turns races begin	9:49am
W6 500m turns race - Finals completed	12:39pm
W6 250m races begin	12:59pm
W6 250m Finals begin	1:53pm
W6 250m Finals completed	2:41pm
Waka off water/Pack up	
Prizegiving/Photos outside rowing club	3:30pm

Event Area

Hoe Tonga are grateful our sprints can be held in Porirua and we have organised this event with the support of harbour users based at Onepoto. Some pointers that will help you prepare for the day:

- Paddlers and supporters are to keep clear of the entrances of the rowing club and kayak club storage sheds.
- Schools are encouraged to provide shelter (sun, rain) for their paddlers.
- Please observe the event area layout and keep club tents and gazebos clear from areas that are clearly marked for official use (see event area layout below).
- No alcohol, drugs or smoking/vaping is allowed at the event. This event is SMOKEFREE, Vapefree, please inform your supporters to do this away from the regatta.
- Teams are invited to bring shelter, refreshments and food.
- Organisers will endeavour to have a coffee cart on site.
- **PADDLERS ARE ADVISED TO WEAR SOMETHING ON THEIR FEET AT ALL TIMES**
- **VOLUNTEERS ROSTERED IN LOADING BAY ARE RECOMMENDED TO WEAR SHOES/FOOTWEAR AT ALL TIMES**
- The loading bay area while reasonably flat, will be exposed at low tide.



Tides - Saturday 8 March

- High	03:19	1.3.m	Low	09:35	0.9m
- High	16:42	1.3m	Low	21:32	1.0m

Parking/Drop Off/Pick Up

We encourage all of you to be patient if dropping off and picking up kaihoe as the area will be busy all day – please be patient as organisers set up for the day. Porirua City Council have ensured the event is highlighted to road users and we will place cones on the main road to ensure our start/finish line team have good visuals to the race course and can focus on capturing results. Please avoid the start/finish line at all times!

Hoe Tonga Kaitūao/Volunteers are invited to park at Titahi Bay Intermediate opposite the venue in spaces available. Thanks to Titahi Bay Intermediate for making this possible. We encourage school vans to drop off gear and equipment and then park at the Intermediate. Please use off street parking as much as possible and remember W1 are racing in the morning so will need room to unload and move off. Please keep the boat ramp clear for Support Boats 😊 and other water users. Once again please be patient!

Rubbish - waste

Porirua City Council will generously place additional bins at Onepoto for your use. Please keep the area tidy and take any rubbish away with you where possible for recycling. Otherwise use the bins provided and alert Hoe Tonga Kaitūao if anything needs attention.

Refreshments – kai

We encourage you to bring your own refreshments, water, kai and anything else you may need when racing and watching races. There are two schools doing fundraisers at this event so please support their efforts where possible. There will not be any food trucks on site however we hope to secure a coffee cart!

Waka & Equipment

Hoe Tonga thanks the clubs who have made their waka available for this event. Please look after them and use the tyres supplied at loading bay to rest them on. DO NOT run up on rocky area! W1 paddlers are responsible for supplying their own waka and equipment. Lifejackets must be worn at all times while on water. Teams are responsible for supplying an appropriate fitting Personal Floatation Device (PFD).

Lets have a great day. Any enquiries can be directed to hoetonga@gmail.com or to our fabulous volunteer team at registration.