



Ngā Hau Maiangi Hard & Fast Series
SATURDAY 8th April 2023
Ian Shaw Park Reserve
Ngā Hau Maiangi Inc
Race 1 Pānui 1 Hosted by
Cook Island Outrigger Canoe Club Incorporated

EVENT SUMMARY

Ngā Hau Maiangi welcomes you to the Hard & Fast Race series 2023 to be held at Ian Shaw Park Reserve, Auckland, 8th April 2023. This is an annual series that has been running for the past few years and is intended to be a fun event to celebrate the beginning of the winter season. The series offers something to all levels of waka ama paddlers. The event is a full day of fun racing, food vendors and an end of series prize giving.

We welcome you and your whānau to join us for this event.

EVENT SCHEDULE

| | |
|---------------|---|
| 7.00am | Registration, waka drop off & safety checks |
| 8.00am | Karakia |
| 8.15am | Managers meeting |
| 8.30am | Race & safety briefings |
| 9.00am | Racing starts |
| 2.00pm | Racing finishes |

RACE SCHEDULE

| Time | Race |
|-------------|--|
| 8.30am | Race Briefing - all races |
| 9.00am | Race Start – W6 5km |
| | Junior & Novice |
| 10.30am | Race Start - W6 10km |
| | Open, Master, Senior Master, Golden Master |



RACE DAY INFORMATION

Car Parking: Parking is available inside the venue in the car park area or street parking is available. Please note all parking is under Auckland Council management and you will need to park accordingly.

Trailer parking: Trailer parking will be in the grass area behind the new Ngā Hau Maiangi car park.

Food: We encourage you to bring your own healthy kai.

Toilets: Toilets are available at the venue and located under the Ngā Hau Maiangi building. Further details will be included in the race briefing.

First Aid: First Aid will be available at the registration tent.

Rubbish/Recycling: We encourage you to please take what you bring. However, there are council rubbish bins at the venue. Please note these are small bins only.

Alcohol/Smokefree: Alcohol, smoking, vaping and any other substance use is not permitted at this event, including all premises of the event.

WAKA DROP OFF & SAFETY CHECKS

Waka Drop off:

- Waka drop off will be available from 6.00am on the event day
- Waka drop off will be in the forecourt of the Ngā Hau Maiangi building and will be clearly signed with entry & exit.
- Trailer parking is on the grass area behind the new Ngā Hau Maiangi car park.

Safety Checks:

- All waka will have to pass a safety check and be marked before racing. Any waka not marked will not be permitted to race.

RACE RULES

All entrants must be familiar with the Waka Ama New Zealand race and safety rules.

Refer to the following link for more information: <https://wakaama.co.nz/pages/view/1005147>

All age divisions are based on the Waka Ama NZ Race Rules:

<https://wakaama.co.nz/pages/view/1005147>

AGE DIVISIONS & RACE EVENTS

| WAKA | DISTANCE | DIVISIONS | GENDER |
|------|----------|--|-------------------|
| W6 | 5km | Junior (11yrs-19yrs), Novice | Men, Women, Mixed |
| W6 | 10km | Open, Master, Senior Master, Golden Master | Men, Women, Mixed |

FEES

Fees: Fees for this event are *per person by age division*

| PER PERSON BY EVENT (<i>charged for each event entered</i>) | |
|---|---------|
| Distance | Cost |
| 5km | \$10.00 |
| 10km | \$20.00 |



ONLINE ENTRIES & PAYMENT

- Online entries are to be completed using the Waka Ama NZ online entry system.
- All entries to be completed through your club admin – contact your club admin to process your entry.
- Once entries close, **each club will be sent an invoice** for all their teams by Thursday 6 April (with account/reference details) for payment
- Please follow the payment process set up this year – all payments to be completed via the club invoice. No individual payments.
- ONE payment per CLUB, no exceptions
- No entries on the day, no exceptions
- Entries close on Tuesday **4th April 11.59pm**.
- Rosters close on Wednesday **5th April 11.59pm**, rosters must be completed by close date, no exceptions

SAFETY REQUIREMENTS

- All waka must be Safety Checked
- All Junior age divisions must wear life jackets.
- All Junior (J16 & J19) and Senior (Open and above) must have the following safety equipment for their races:
 - PFD - Personal Floatation Device (per person)
 - Bailers
 - Flare or cell phone in waterproof case
 - Spare Paddle - 2 for a W6
 - Spray Skirt (W6)
 - Tow Rope (W6)

TEAM WAIVERS

- Team waivers must be completed by all paddlers/teams
- All paddlers U18 must have their waiver signed by their parent/guardian
- Waivers can be sent to nhminc.secretary@gmail.com or handed in at the managers meeting on the day
- Team waivers can be found online.

CONTACT INFORMATION

All enquiries please email: **Tipoki Mitchell** cioutriggersassoc@gmail.com

- All urgent matters please call: Tipoki Mitchell **02102751094**

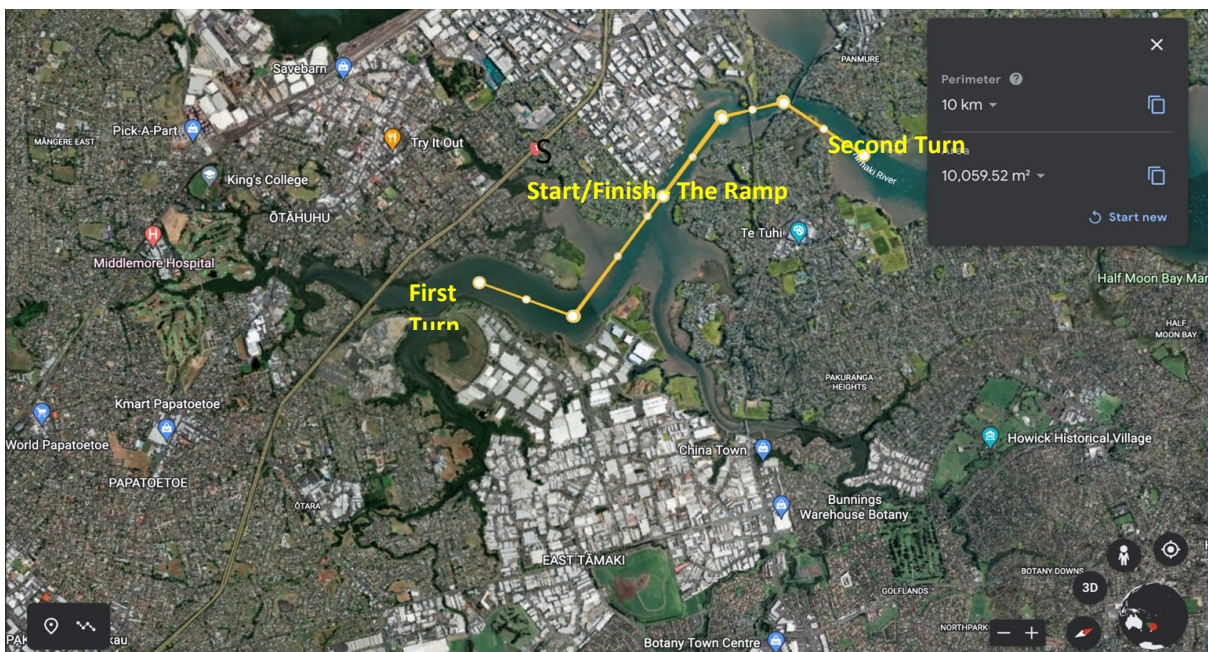


COURSE MAPS

MAP 1: 5KM Course Map



MAP 2: 10KM Course Map



- High tide: 2.30 am
- Low tide: 8.50 am