



Te Matawaka au moana o Tīkapakapa Tīkapa Coast2Coast

**Race Venue:**

Te Puru School Beach Front
Te Puru
Thames Coast Road

Date:

Saturday, 12th October 2019

Cost:

\$40 an adult
\$25 for Junior Paddlers

Race Fee includes:

- Support Boat presence
- Race TShirt
- Kai

Entries & Payments:

Entries are online only, we will not be taking registrations on the day
Payments can be made (with Team Name as reference) to

TE APUTA TIRA WAKA: 38-9016-0618893-00

Prizegiving

Please allow time to stay for prizegiving and your meal. Prizegiving will be held after the last race has returned. Medals, and sport prizes will also be given out at this time.

Tides:

Low Tide	12.34am	1.0m
High	6.49am	3.1
Low Tide	12.34pm	1.0

Course:

- Course is a 39km return course crossing Tīkapa Moana (Firth of Thames)
- Starts in Te Puru paddle 19.5km to Waihihī, north of Kaiāua
- Turn (if marathon) or switch (if relay) at Waihihī, and paddle 19.5km back to finish at Te Puru

Mihi

E karanga atu ana a Te Āputa Tira hoe, e mānawa atu ana i a koutou kei ngā tini mātāwaka taiāwhiowhio o Aotearoa nei.

Haere mai ki Hauraki, he aute tē awhea

Te Āputa Tira Hoe warmly welcomes you to Hauraki for our annual Te Matawaka au moana o Tīkapakapa event. Our nickname for the race is Tīkapa Coast2Coast.

- Paddlers in W1, W2 and W6 can choose to Marathon (39 km) or Relay (19.5km) and change over in Waihihī
- Only want to go one way? We have a list of crews who are wanting to go one way but don't have a second crew to relay back. We will post the list up on social media and Waka Ama NZ and will put crews in contact with each other.
- Conditions may determine that all paddlers wear PDF when racing.
- If numbers in W6 Mens race is low they will be combined with race 2.

Junior paddlers

This race is open to Junior paddlers within the J19 age Division. Minimum age for this race will be set at 16yrs as per the Waka Ama NZ rules for open water long distance paddling. Coaches must ensure that their crews are capable and have all equipment. Coaches can run support boats alongside their crews if they wish, but must inform Te Āputa Tira Hoe, the race organisers in advance.

Safety Waiver

The Waiver MUST BE SIGNED BY EACH CREW MEMBER.

ALL steerers and W1/W2 paddlers MUST attend race briefing. This is an essential part of a paddler/team's safety check, so non-attendance means that a paddler/team will not be allowed to race.

Waka Safety Check

<p>W6 Waka</p> <p>2 spare paddles</p> <p>6 PFDs</p> <p>2 bailers</p> <p>25m tow rope (secured to taumanu)</p> <p>Spray skirt (MAY BE REQUIRED)</p> <p>Communication Device in a waterproof bag or VHF</p>	<p>W1/2 Waka</p> <p>1 spare paddle</p> <p>1 PFD per paddler</p> <p>1 Bailer (or self draining)</p> <p>Communication Device in a waterproof bag or VHF</p> <p>Leash</p>
---	--

Waka booking:

All enquiries to: tuhorokiteau@gmail.com. For those teams who have booked waka, please make sure you bring your own gear as listed above. You MAY also be required to rig and de-rig your waka on the day.

Enquiries:

Race Director: Frank Thorne

Email:

tuhorokiteau@gmail.com



Te Matawaka au moana o Tīkapakapa Tīkapa Coast2Coast



PROGRAMME/HŌTAKA

6:30am	Karakia Ruruku waka/Lash waka
6.45- 7.20 am	REGISTRATIONS and WAKA CHECKS (Safety Checks)
7.20 am	Registrations close for Race 1
7.30 am	RACE BRIEFING - Race 1
7.45 am	RACE 1 – W1 & W2
7:50 am	Registrations close for Race 2
8 am	RACE BRIEFING - Race 2
8.15 am	RACE 2 – Junior, Women and Mixed W6
8.20 am	Registrations close for Race 3
8.30 am	RACE BRIEFING - Race 3
8.45 am	RACE 3 – Men's W6
1.45 pm	Karakia Close up & Tidy up

Please Note:

- If numbers in W6 Mens race is low they will be combined with race 2.
- It's an early start Whānau– we are trying to make sure we make the most of the tide for all races.



Te Matawaka au moana o Tīkapakapa Tīkapa Coast2Coast



Accommodation:

Mātai Whetū Marae is available for use in Thames. Please get in contact with us if you would like to stay at the marae. Please note it will be the responsibility of the people staying at the marae to make sure it is clean and tidy before you leave. The Marae can sleep 35. Please see separate Accommodation Pānui for other accommodation options available.

COURSE MAPS – Please see Separate Pānui for Course Maps

How to find the venues

Te Puru School – Starting and finishing point:

- From the Kōpū Bridge (crosses the Waihou River) roundabout, 7 kms south of Thames, take the second left and head north to Thames, stay on that road and travel through Thames, past Goldfields, KFC and continue north for another 10kms.
- Continue through Kuranui Bay, Tararū, Whakatete Bay, Ngārimu Bay, Thornton Bay
- Arriving at Te Puru, head through past the dairy on the left, over the bridge, and the school is on the left.

Waihīhī – Waharau Regional Park, Wharekawa, Kaiaua Coast – Turn around and relay changeover point

- **From Auckland**

- head out to Clevedon, take the Clevedon-Kawakawa Road out to Kawakawa Bay, continue on the Coast Road
- Continue past Ōrere Point, Matingarahi
- Arrive at Waharau, take the first left in to Reserve.

- **From the South,**

- At Waitakarūrū, take the Coast Road, (Front Miranda Road) and continue all the way to Kaiaua
- Continue through, then through Whakatīwai, and Wharekawa, then Waihīhī
- Take the right in to the Waharau Reserve

Please be aware of oncoming and following traffic when turning