

RACE SCHEDULE - DAY 3

2010 Waka Ama Sprint Nationals
Thu, 21 Jan 2010



Race	Event	Round	No	Est. Start	Progressions
138	Int Men W1 500	Heat	1 / 4	8:30 AM	
139	Int Men W1 500	Heat	2 / 4	8:35 AM	
140	Int Men W1 500	Heat	3 / 4	8:40 AM	
141	Int Men W1 500	Heat	4 / 4	8:45 AM	See Race 202
142	Int Women W1 500	Heat	1 / 5	8:50 AM	
143	Int Women W1 500	Heat	2 / 5	8:55 AM	
144	Int Women W1 500	Heat	3 / 5	9:00 AM	
145	Int Women W1 500	Heat	4 / 5	9:05 AM	
146	Int Women W1 500	Heat	5 / 5	9:10 AM	See Race 204
147	Gld Master Men W1 500	Heat	1 / 2	9:15 AM	
148	Gld Master Men W1 500	Heat	2 / 2	9:20 AM	See Race 230
149	Gld Master Women W1 500	Heat	1 / 3	9:25 AM	
150	Gld Master Women W1 500	Heat	2 / 3	9:30 AM	
151	Gld Master Women W1 500	Heat	3 / 3	9:35 AM	See Race 231
152	J19 Men W1 500	Heat	1 / 4	9:40 AM	
153	J19 Men W1 500	Heat	2 / 4	9:45 AM	
154	J19 Men W1 500	Heat	3 / 4	9:50 AM	
155	J19 Men W1 500	Heat	4 / 4	9:55 AM	See Race 206
156	J19 Women W1 500	Heat	1 / 4	10:00 AM	
157	J19 Women W1 500	Heat	2 / 4	10:05 AM	
158	J19 Women W1 500	Heat	3 / 4	10:10 AM	
159	J19 Women W1 500	Heat	4 / 4	10:15 AM	See Race 208
160	Master Men W1 500	Heat	1 / 5	10:20 AM	
161	Master Men W1 500	Heat	2 / 5	10:25 AM	
162	Master Men W1 500	Heat	3 / 5	10:30 AM	
163	Master Men W1 500	Heat	4 / 5	10:35 AM	
164	Master Men W1 500	Heat	5 / 5	10:40 AM	See Race 210
165	Master Women W1 500	Heat	1 / 4	10:45 AM	
166	Master Women W1 500	Heat	2 / 4	10:50 AM	
167	Master Women W1 500	Heat	3 / 4	10:55 AM	
168	Master Women W1 500	Heat	4 / 4	11:00 AM	See Race 212
169	J16 Men W1 500	Heat	1 / 4	11:05 AM	
170	J16 Men W1 500	Heat	2 / 4	11:10 AM	
171	J16 Men W1 500	Heat	3 / 4	11:15 AM	
172	J16 Men W1 500	Heat	4 / 4	11:20 AM	See Race 214
173	J16 Women W1 500	Heat	1 / 4	11:25 AM	
174	J16 Women W1 500	Heat	2 / 4	11:30 AM	
175	J16 Women W1 500	Heat	3 / 4	11:35 AM	
176	J16 Women W1 500	Heat	4 / 4	11:40 AM	See Race 216
177	O23 Men W1 500	Heat	1 / 3	11:45 AM	
178	O23 Men W1 500	Heat	2 / 3	11:50 AM	
179	O23 Men W1 500	Heat	3 / 3	11:55 AM	See Race 238
180	O23 Women W1 500	Heat	1 / 4	12:00 PM	

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Race	Event	Round	No	Est. Start	Progressions
181	O23 Women W1 500	Heat	2 / 4	12:05 PM	
182	O23 Women W1 500	Heat	3 / 4	12:10 PM	
183	O23 Women W1 500	Heat	4 / 4	12:15 PM	See Race 218
184	Snr Master Men W1 500	Heat	1 / 5	12:20 PM	
185	Snr Master Men W1 500	Heat	2 / 5	12:25 PM	
186	Snr Master Men W1 500	Heat	3 / 5	12:30 PM	
187	Snr Master Men W1 500	Heat	4 / 5	12:35 PM	
188	Snr Master Men W1 500	Heat	5 / 5	12:40 PM	See Race 220
189	Snr Master Women W1 500	Heat	1 / 4	12:45 PM	
190	Snr Master Women W1 500	Heat	2 / 4	12:50 PM	
191	Snr Master Women W1 500	Heat	3 / 4	12:55 PM	
192	Snr Master Women W1 500	Heat	4 / 4	1:00 PM	See Race 222
193	Open Men W1 500	Heat	1 / 5	1:05 PM	
194	Open Men W1 500	Heat	2 / 5	1:10 PM	
195	Open Men W1 500	Heat	3 / 5	1:15 PM	
196	Open Men W1 500	Heat	4 / 5	1:20 PM	
197	Open Men W1 500	Heat	5 / 5	1:25 PM	See Race 224
198	Open Women W1 500	Heat	1 / 4	1:30 PM	
199	Open Women W1 500	Heat	2 / 4	1:35 PM	
200	Open Women W1 500	Heat	3 / 4	1:40 PM	
201	Open Women W1 500	Heat	4 / 4	1:45 PM	See Race 226
Semi Finals					
202	Int Men W1 500	Semi	1 / 2	1:50 PM	
203	Int Men W1 500	Semi	2 / 2	1:55 PM	See Race 228
204	Int Women W1 500	Semi	1 / 2	2:00 PM	
205	Int Women W1 500	Semi	2 / 2	2:05 PM	See Race 229
206	J19 Men W1 500	Semi	1 / 2	2:10 PM	
207	J19 Men W1 500	Semi	2 / 2	2:15 PM	See Race 232
208	J19 Women W1 500	Semi	1 / 2	2:20 PM	
209	J19 Women W1 500	Semi	2 / 2	2:25 PM	See Race 233
210	Master Men W1 500	Semi	1 / 2	2:30 PM	
211	Master Men W1 500	Semi	2 / 2	2:35 PM	See Race 234
212	Master Women W1 500	Semi	1 / 2	2:40 PM	
213	Master Women W1 500	Semi	2 / 2	2:45 PM	See Race 235
214	J16 Men W1 500	Semi	1 / 2	2:50 PM	
215	J16 Men W1 500	Semi	2 / 2	2:55 PM	See Race 236
216	J16 Women W1 500	Semi	1 / 2	3:00 PM	
217	J16 Women W1 500	Semi	2 / 2	3:05 PM	See Race 237
218	O23 Women W1 500	Semi	1 / 2	3:10 PM	
219	O23 Women W1 500	Semi	2 / 2	3:15 PM	See Race 239
220	Snr Master Men W1 500	Semi	1 / 2	3:20 PM	
221	Snr Master Men W1 500	Semi	2 / 2	3:25 PM	See Race 240
222	Snr Master Women W1 500	Semi	1 / 2	3:30 PM	

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Race	Event	Round	No	Est. Start	Progressions
223	Snr Master Women W1 500	Semi	2 / 2	3:35 PM	See Race 241
224	Open Men W1 500	Semi	1 / 2	3:40 PM	
225	Open Men W1 500	Semi	2 / 2	3:45 PM	See Race 242
226	Open Women W1 500	Semi	1 / 2	3:50 PM	
227	Open Women W1 500	Semi	2 / 2	3:55 PM	See Race 243
Finals					
228	Int Men W1 500	Final	1 / 1	4:00 PM	
229	Int Women W1 500	Final	1 / 1	4:05 PM	
230	Gld Master Men W1 500	Final	1 / 1	4:10 PM	
231	Gld Master Women W1 500	Final	1 / 1	4:15 PM	
232	J19 Men W1 500	Final	1 / 1	4:20 PM	
233	J19 Women W1 500	Final	1 / 1	4:25 PM	
234	Master Men W1 500	Final	1 / 1	4:30 PM	
235	Master Women W1 500	Final	1 / 1	4:35 PM	
236	J16 Men W1 500	Final	1 / 1	4:40 PM	
237	J16 Women W1 500	Final	1 / 1	4:45 PM	
238	O23 Men W1 500	Final	1 / 1	4:50 PM	
239	O23 Women W1 500	Final	1 / 1	4:55 PM	
240	Snr Master Men W1 500	Final	1 / 1	5:00 PM	
241	Snr Master Women W1 500	Final	1 / 1	5:05 PM	
242	Open Men W1 500	Final	1 / 1	5:10 PM	
243	Open Women W1 500	Final	1 / 1	5:15 PM	
Medal Presentations					