



## New Zealand Post Long Distance Waka Ama Nationals – Gisborne – October 7<sup>th</sup> & 8<sup>th</sup> 2011



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**New Zealand Post**



### Updated Race Programme (as at 17 Aug 2011)

Friday 7<sup>th</sup> October - morning (1<sup>st</sup> race 8.30am then at 5-10 minute intervals for other races):-

- W1 Women's - rudderless
- W1 Men's - ruddered
- W2 Women's and mixed
- Junior's all races W2 - W1 ruddered/rudderless male and female

Friday 7<sup>th</sup> October - afternoon (1<sup>st</sup> race 12pm then at 5-10 minute intervals for other races) :-

- W1 Men's rudderless
- W1 Women's ruddered
- W2 Men's

***\*\*Note – paddlers will be responsible to ensure their W1s are weighed at a minimum of 16kg as per race rules\*\****

Saturday 8<sup>th</sup> October -morning:- (1<sup>st</sup> race 8.30am then at 5-10 minute intervals for other races):-

- W6 Women's
- W6 Mixed
- W6 Junior Male/Female and mixed
- Stand up 10km

Saturday 8<sup>th</sup> October -afternoon:

- W6 Men's

**1<sup>st</sup> races will start at 8.30am, with registration opening from 6.00am, Race Briefing 7.30am.**

***\*\*\*The event will be run under NKOA race rule and safety guidelines\*\*\* Please ensure you read these.***

**Entries are Online at [wakaama.co.nz](http://wakaama.co.nz) - all paddlers will be required to bring their NKOA ID cards**

Event Entry Fee (until 16 September 2011) \$60 per adult paddler/\$40 Junior 19 (includes W1, W2 & W6) –***NB minimum age for juniors 17yrs a per long distance race rules for open water racing.***

Late entry fee \$80/ Junior 19 \$60 (16-23 September 2011) – ***no late entries will be accepted after 23/9/11***

***Early Bird Entry Prize – entries received and paid prior to 31 August 2011 will go into a prize draw for C4 paddles .***

**Payment** can be made by cheque 'Turanganui Waka Hoe' and posted to PO Box 211, Gisborne or to the following account -Kiwibank - 38-9010-0779282-00 - Please use team name as reference & email confirmation to [mitamarshalls@xtra.co.nz](mailto:mitamarshalls@xtra.co.nz)

## Race HQ Map & accommodation



### Accommodation

**Te Poho O Rawiri Marae** located on the corner of Ranfurly Road and Queens Drive is available to LDN paddlers at \$10 per head per night. Money to be paid one month in advance to hold booking. First in first serve basis.

- The meeting house can house up to 200 people.
- The kitchen and dining room is available for use much like camping ground facilities.
- Paddlers will need to bring their own blankets and toiletries etc.
- Paddlers will need to bring their own kai and are required to clean up after themselves.

- The Marae can provide mattresses, pillows, linen etc.
- The Marae can provide crockery, cutlery, chiller, fridge, microwave, toasters etc
- The Marae can provide space for any number of waka.
- The Marae can provide a cooked breakfast for those departing Sunday morning at an additional \$10 per head.

If you require further information, please direct any inquires to Mihi Aston, preferrably via email [aston-whanau@vodafone.co.nz](mailto:aston-whanau@vodafone.co.nz) or 0276245796.

### Quality Emerald Hotel (let them know you are coming for the Long Distance Nationals)



\$150 per night per suite for single or double occupancy in the river view rooms, \$50 per person above this or \$160 per night per suite including fully cooked buffet breakfast this is for single or double occupancy also. \$50 per person above this (including breakfast).

**Street address:** 13 Gladstone Road, Gisborne 4010, New Zealand.

**Postal address:** PO Box 2143, Gisborne 4040, New Zealand

**Email:** [reception@emeraldhotel.co.nz](mailto:reception@emeraldhotel.co.nz) **Free phone (within New Zealand):** 0800 EMERALD (363 725)

**Telephone:** 64 6 868 8055 **Fax:** 64 6 868 8066

*There are a number of other motels in close proximity to the Gisborne Central City and race HQ.*