



AROCA 11km – 17km Senior Winter Series 2010

**Saturday 14 August 2010**  
**Venue, Okahu Bay, Tamaki Drive.**

Please note that the Course and the start time listed below may change due to adverse conditions.  
Be onsite an hour before your race event

**Programme of Events**

7.00am	<ul style="list-style-type: none"> <li>➤ <b>NKOA, AROCA RACE RULES APPLY. NON COMPLIANCE <u>WILL</u> RESULT IN DISQUALIFICATION.</b></li> <li>➤ <b>Waka arrive</b> <ul style="list-style-type: none"> <li>• At the beach at Okahu Bay, Tamaki Drive, Auckland.</li> <li>• Park trailers on Tamaki Drive and carry waka to the beach, watch for cars...</li> <li>• The races will start and finish on the beach.</li> </ul> </li> <li>➤ <b>Crews begin Lashing Waka</b></li> <li>➤ <b>Registration OPEN to <u>ALL</u> AROCA clubs and guests</b> <ul style="list-style-type: none"> <li>• Separate registration form per Race Entry</li> <li>• NO Registration, NO Safety Checks = DQ</li> <li>• Speed up the Admin process by completing your paperwork early and having the correct monies</li> <li>• Only Club cheques and cash will be accepted</li> </ul> </li> </ul> <p style="text-align: center;"><b>NB: ONLY WAKA WITH OFFICIAL SAFETY NUMBER DISPLAYED WILL HAVE TIMES RECORDED</b></p>				
7.30am	<ul style="list-style-type: none"> <li>➤ <b>Waka &amp; Safety Check. <u>ALL clubs</u> must bring their own safety equipment.</b> <ul style="list-style-type: none"> <li>• DO NOT share safety gear for inspections, NO gear, NO race, <b>NO time wasters</b></li> <li>• Your life is important so ensure safety gears are on board</li> <li>• Random safety checks will be carried out on the beach before each race</li> <li>• Please bring DUCT TAPE to secure your Waka Number holder for safety purposes.</li> </ul> </li> <li>➤ <b>HAURAKI SAFETY OFFICIALS will be on site.</b></li> </ul>				
Entry	Fee \$10pp      Extra event \$5 pp      Late Entry Fee \$5 pp from Friday 13 August 10, 12.01am				
Catering	The obligatory hot soup will be available. Plus Hot coffee for purchase				
<b>7.50am Karakia and Race Briefing SENIOR WOMEN W6, W1 / W2 Men : Tide: incoming</b>					
<b>Time: Approx only</b>	<b>Race</b>	<b>Distance</b>	<b>Event</b>	<b>Division</b>	<b>Approx finish time Subject to weather conditions</b>
<b>All races will be 'Le Mans' start &amp; finish</b>					
<b>8.00am</b>	1	17km	W6	SENIOR WOMEN / Mixed (3 Men/ 3 Women)	10.00am
<b>8.10am</b>	2	11km	W1 / W2	SENIOR MEN / Mixed for W2 (1 Man / 1 Woman)	9.20am
<b>10.30am Race Briefing for Senior MEN &amp; MIXED TEAM W6 Tide: high 10:27am</b>					
<b>10.40am</b>	3	17km	W6	SENIOR MEN / Mixed (3 Men / 3 Women)	12.40pm
<b>10.50am Race Briefing for Senior Women W1 / W2 Tide: outgoing</b>					
<b>11.00am</b>	4	11km	W1 / W2	SENIOR WOMEN / Mixed for W2 (1 Woman / Man)	12.30pm
<b>Please dress for adverse weather conditions – your safety and life is important to the sport of waka ama</b>					
<b>NKOA Online Entry - Deadline Thursday 12 August 2010 by 11.59pm</b>					