

Horouta Waka Hoe Club



Presents

TURANGANUI WAKA HOE

9 October 2010



TURANGANUI WAKA HOE CHALLENGE 2010

Saturday 9 October, 2010



Regatta Information

For teams and individuals competing in this year's long distance national championship coming up later on this month this event presents an ideal training race!

Entries for the regatta are restricted to paddlers 18 years and over for the event.

Crews and individuals wanting to race in the Turanganui Waka Hoe Challenge 2010 will need to provide their own waka. Teams wanting to participate are welcome to enquire with race organisers for contact details of clubs who may wish to hire out their waka.

Prizes will be awarded to first place getters in each race category –

| Prizes | |
|------------------------------|-----------------------------|
| W6 Men | 1st Place |
| W6 Women | 1st Place |
| W6 Mixed | 1st Place |
| W2 Crew | 1st Place |
| W1 Men | 1st Place |
| W1 Women | 1st Place |
| Surf-ski | 1st Place |
| Kayak | 1st Place |
| Stand Up Paddle Board | 1st Place |

There must be at least three crafts racing in each category in order for a prize in that category to be awarded.

Every paddler has a chance at winning a spot prize.

Cut off dates for registrations will be 30 September 2010



Complimentary soup, tea and coffee will be available for competitors throughout the day.

The meal and prize-giving will be held at the Te Poho o Rawiri Marae. Showers and changing facilities will also be available at the Marae.

Race organisers reserve the right to cancel the event if there is a lack of race entries or adverse weather conditions. A cancellation notice will be listed on the NZ Waka Ama website and all registration fees paid will be refunded in full.

Entry Fees:

\$30 each for paddlers entering the 22km

\$25 each for paddlers entering the 12km

Paddlers entering the W1 12km and W6 22km only pay one fee of \$30 (Includes Hangi Meal at prize-giving)

Turanganui Waka Hoe Challenge Race Contacts:

Race Information:

Monica Wharehinga – (021) 165 6598

E-mail: monica.wharehing001@cyf.govt.nz

Registration Information:

Jo Doherty – (027) 226 7060

E-mail: jo.doherty@aon.co.nz

Te Poho o Rawiri Marae Accommodation:

\$20 per paddler per night - Friday and Saturday night, free overnight parking for trailer/wakas, dinner and breakfast available on request.

Mihi Aston – (027) 624 5796

E-mail: mihi.aston@tairawhiti.ac.nz

Other accommodation options close to venue:

Waikanae Motor Camp - 06 867 5634

10% discount for paddlers secure overnight parking for trailer/wakas \$10 per night

Website: www.gisborneholidaypark.co.nz

Captain Cook Motor Lodge – 06 8677002

Website: www.captaincook.co.nz

There are also a number of other motels along Salisbury Rd, close to Waikanae Beach.

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Programme

| RACE DISTANCE | |
|--|-------|
| W6 Mixed, Men and Women | 22 km |
| W1/W2 Men, Women and Mixed Surf-skis, Kayaks, Stand Up Paddle Board | 12 km |

PROGRAMME IS SUBJECT TO CHANGE DUE TO RACE ENTRIES AND RACE CONDITIONS

| | | |
|---------|-------------------------------|---|
| 7.00am | Karakia | Race Events |
| 7.00am | Registration Safety Checks | Women's & Mixed W6 – 22km Men's W1 – W2 – 12km Surf Ski, Kayak, Stand Up Paddle Board – 12km |
| 7.30am | Race Briefing | Compulsory that all Steer persons, captains of team events and individual competitors attend the race briefing. |
| 8.00am | Race Start | Women's & Mixed W6 teams 22km |
| 8.05am | Race Start | Men's W1 – W2 12km Surf Ski, Kayak, Stand Up Paddle Board 12km |
| 11.00am | Registration Safety Checks | Men's W6 – 22km Women's W1 – W2 12km |
| 11:30am | Race Briefing | Compulsory that all Steer persons, captains of team events and individual competitors attend the race briefing. |
| 12:00pm | Race Start | Men's W6 teams 22km |
| 12.05pm | Race Start | Women's W1 – W2 12km |

Meal and prize-giving will be held at Te Poho o Rawiri Marae

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Course Information



22km Course
12km Course



The race course traces a journey between sites of cultural significance to the Turanganui A Kiwa rohe.

22km Course

Start: Le Mans Start

Waikanae Beach to Waipaoa River to Wherowhero lagoon to Te Kuri to Waihora to Tokomaru,

Finish: Waikanae.

12km Course

Start: Le Mans Start

Waikanae Beach to Matawhero to Waihora to Tokomaru,

Finish: Waikanae.

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Safety Rules

All paddlers must comply with the NKOA safety rules and regulations as follows:

W6 waka must:

- be of a seaworthy design and construction
- carry adequate bailers (2)
- carry one flotation device per paddler (6)
- carry two spare paddles
- be fitted with spray-skirts
- have securely lashed kiato and ama (and extra lashings in case repairs are necessary)
- be fitted with an approved tow rope of 12mm x 25m minimum length. One end must be securely fitted to the front taumanu with the rest either in a bag or fastened to the front taumanu.

W1 / W2 waka must:

- be of a seaworthy design and construction. Rudder is optional but recommended for open water / rough water.
- carry a bailer and be fitted with spray-skirts for waka with cockpits.
- carry a flotation device per paddler (2)
- carry one spare paddle

Surf-skis must:

- be of a seaworthy design and construction
- carry a flotation device

Kayaks must:

- be of a seaworthy design and construction.
- be fitted with spray-skirts
- carry a flotation device

SUP must:

- be of a seaworthy design and construction

Paddlers / Crews must:

- be capable of handling their craft in the expected conditions
- be able to swim and be comfortable in the expected conditions
- be trained in and capable of self rescue techniques e.g. righting a capsized waka or kayak
- have a degree of skill and fitness to enable them to finish the race in any conditions that might be expected
- must be dressed for the expected conditions

IMPORTANT NOTE:

The Race Director has the right during the course of the race to withdraw any team, if in his/her opinion, it is considered that the crew is in danger or is unlikely to be able to complete the race.