

2010
30th - 31st OCT

Long Distance Nationals

Moutohora

WHALE ISLAND

Whakatane, Bay of Plenty

KEY DATES

24th September 2010

- Team entries close
 - No new entries will be accepted after this date **NO EXCEPTIONS**

30th October 2010

- W6 Only
 - Senior W6 Teams will Race 29km (around Whale Island)
 - Junior W6 Teams will Race 12km Course
(All Junior Paddlers must be 17 years and older)

31st October 2010

- W1 (12km) / W2 (12km) / W12 (15km)
 - Paddlers competing in W1 / W2 will Race 12km (triangular course)
(All Junior Paddlers must be 17 years and older)
 - Regional W12 Teams will race 15km (Out and back race on the Whakatane River)

GENERAL INFORMATION

(For Long Distance Race rules, please refer to NKOA Race Rules)

Registration

- Entry Fee per paddler: \$60.00 (Entry fees are non refundable!)
 - Registration fee entitles a paddler to compete in any race providing they meet the age and gender qualifications.
 - Registration fee also entitles a paddler to one meal per day.

ID Cards

- Competing paddlers must have their NKOA ID Cards available on race day.

Entry Requirements

- Competing paddlers must be 17 years or older and must be skilled at Ocean Racing

Uniforms

- In W6 / W12 events teams must be wearing identical uniforms (tops only). These must be Regional or Club uniforms.

Race times

- All races will start on time as advertised.

Safety

- Paddlers must wear lifejackets while crossing the Whakatane River bar.

Medals

- Medals will be awarded for 1st, 2nd and 3rd placing
 - If there is less than (3) three teams in a division, no medals will be awarded to that division.
 - Uniforms must be worn at Medal Presentation.
 - Medals will be presented at the conclusion of each race.

Super 12 Regional Challenge

- Only Regional teams are eligible to compete in the Super 12 Double Hull Race.
 - Each region can only register three W12 teams. One ALL Male crew, ALL Female crew and one MIXED crew.
 - Regions will NOT be permitted to enter additional W12 crews.
 - W12 Men, Women and Mixed crews will all start and race at the same time.
 - Regional W12 Crews must wear the same uniform (tops only)
 - Double Hull waka can be rigged Saturday afternoon / evening.
 - Each region must provide their own waka and kiato to make up Double hull.

Due to early race start, crews are advised to rig their waka the evening before racing. Alternatively rigging could be done early Saturday morning PROVIDING Crews are ready for 7.00am start.

Finally we look forward to hosting you all here in Whakatane.

We are confident the conditions will be favourable to offer paddlers some exciting off shore racing.

As this is a genuine open ocean Event, the skills and seamanship of the crews and individual paddlers will be challenged.

In the meantime, the organisers of the 2010 Long Distance Nationals look forward to welcoming everyone to Whakatane (Sun Shine Coast).

[For further information or queries, please contact:](#)

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